

Kate L. Herts, Ph.D.

CEO and Founder, The Health Psychology Center of New York
Clinical Assistant Professor, Department of Psychiatry, Weill Cornell Medicine

Select Publications and Presentations

- Herts, K. L.** (October 2020). Expanding psychology training in women's mental health. Talk given as part of a symposium entitled *Harnessing existing multidisciplinary training models to teach women's mental health*. Presented at the International Marcé Society for Perinatal Mental Health Biennial Scientific Meeting, virtual.
- Herts, K. L.** (May, 2020). CBT for patients with chronic illness. New York Presbyterian Westchester Behavioral Health Center, White Plains, NY.
- Herts, K. L., & Evans, S.** (2020). Schema therapy for chronic depression associated with childhood trauma: A case study. *Clinical Case Studies*.
doi: 10.1177/1534650120954275
- Herts, K. L., Jorge-Miller, A., Beran, T. M., McCannel, T. A., Wiley, J. F., & Stanton, A. L.** (2020). A prospective study of cancer-related benefit finding in uveal melanoma patients. *Journal of Behavioral Medicine*. <https://doi.org/10.1007/s10865-020-00175-w>
- Herts, K. L.** (November, 2017). Promoting medical transition readiness in young adults with chronic illness using cognitive behavioral therapy. Weill Cornell Psychology Grand Rounds, New York, NY.
- Herts, K. L., Khaled, M. M., & Stanton, A. L.** (2017). Correlates of self-efficacy for disease management in adolescent/young adult cancer survivors: A systematic review. *Health Psychology*, 36(3), 192-205. <https://doi.org/10.1037/hea0000446>
- Herts, K. L.** (November, 2016). Psychological interventions for patients with cystic fibrosis. UCLA Cystic Fibrosis Education Day, Ronald Reagan UCLA Medical Center, Los Angeles, CA.
- Herts, K. L.** (September, 2014). Living independently with a chronic illness for teenagers and young adults. UCLA Mattel Children's Hospital Transition Conference, Life after Pediatrics for Teens with Chronic Medical Conditions, Los Angeles, CA.
- Herts, K. L., Wallis, E. M., & Maslow, G.** (2014). College freshmen with chronic illness: A comparison with healthy first-year students. *Journal of College Student Development*, 55, 475-480. doi:10.1353/csd.2014.0052.